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LTFT @UHCW

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WHY is LTFT a GREAT way to TRAIN?

- LTFT is a great way to work - for some
- Some evidence happier
- Better work life balance
- Increased engagement

APPLICATION

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- Application for new LTFT training via TPD/Deanery

- Anyone can apply: need a well founded, individual reason

- Online form trainee completes
- takes 3/12 unless exceptional circumstances
- submit further form if changing %
- Tier 2 visa requirements still apply

- Deanery then inform trust

TRAINING

- Still need AES/CS
- Some aspects pro rata some fixed term
  - Pro rata:

    Work based assessments

    CCT date (ARCP outcomes)

    Extension to training
  - Fixed term:

    Failure to progress after outcome 3

    Period of grace

    Consultant interviews - 6 months prior to CCT

    CCT paperwork should be submitted within 1 year

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COMMON CHALLENGES

- Pay
- Rotas

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HELP!

Clare Langley: clare.langley@uhcw.nhs.uk LTFT Champion

Clare Ingram: Wellbeing Champion

Sarah Grieve: RTW Champion

Jamie Bedding: jamie.bedding@uhcw.nhs.uk Medical workforce

Caroline Taylor: caroline.taylor@uhcw.nhs.uk Medical workforce

Deanery website: Lead Trainee Contacts

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- Promotes well being
- Provides peer support
- You have a voice
- For non consultant doctors
- Anonymous

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- Ask questions
- Get answers
- Share experiences
- Share information
- TOPICS
  - Car parking
  - ID badges
  - Rota issues
  - Broken mess door
  - Pot holes

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SIGN up to for your access to trickle™

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